

Morning & Evening Supplications

وَالْحَمْدُ لِلّٰهِ رَبِّ الْعٰالٰمِينَ

(الإنسان: 25)



“Remember the name of thy lord morning and evening”
(Surah Al Insaan; Verse 25)

Note: The supplications mentioned here are meant to be recited in the mornings and evenings. However, the beginning and ending of some will change when recited in the morning or evening respectively. When reciting during evenings the words for the morning (underlined) will be replaced with the words of the evening (in parenthesis).

أصْبَحْنَا (أمسينا) وَأَصْبَحَ (أمسى) الْمُلْكُ لِلَّهِ وَ الْحَمْدُ لِلَّهِ لَا شَرِيكَ لَهُ لَا إِلَهَ إِلَّا هُوَ
وَإِلَيْهِ النُّشُورُ (المصير)

Asbahna (Amsaina) wa asbaha (amsa) al-mulku lillah, walhamdulillah, la sharika lah, laa ilaaha illa huwa wa ilayhin-nushur (ilayhil-masir).

We have risen this morning (evening) and sovereignty is all Allah's. Praise is due to Allah alone, He has no partner, there is no God but Him, unto whom is the return.

أصْبَحْنَا (أمسينا) عَلَى فِطْرَةِ الْإِسْلَامِ وَكَلِمَةِ الْإِحْلَاصِ ، وَ عَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ ، وَ عَلَى مِلَةِ أَبِينَا إِبْرَاهِيمَ حَنِيفًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ.

Asbahnaa (Amsaynaa) 'alaa fitratil-Islaam, wa kalimatil-ikhlaas, wa deeni nabiyina Muhamadin sallalaahu 'alayhi wa sallam, wa ala millati abeena Ibrahima haneefan wa maa kaana minal-mushrikeen.

We have risen this morning (evening) on the innate nature of Islam, on the world of sincerity, and on the *deen* (way of life) of our Prophet Muhammad (peace be upon him) and on the *deen* of our forefather Ibrahim who was a Muslim of true faith and was not an idolater.

اللَّهُمَّ إِنِّي أَصْبَحْتُ (أمسيت) **مِنْكَ فِي نِعْمَةٍ وَعَافِيَةٍ وَسِرْتُ فَأَتَمْ نِعْمَتَكَ
عَلَيَّ وَعَافَيْتَكَ وَسِرْتُكَ فِي الدُّنْيَا وَالْآخِرَةِ**

Allaahuma ini asbahtu (amsaitu) minka fi ni'matin wa 'afiyatin wa sitr, fa atmim ni'mataka 'alayya wa 'afiyataka wa sitraka fid-dunya wal-akhirah.

O Allah! I rise up in the morning with the blessing, strength, and protection, all of which you have bestowed upon me. Complete

your blessing, the strength (you bestowed upon me) and your protection, in this life and the hereafter.

اللَّهُمَّ مَا أَصْبَحَ (أَمْسَى) بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِّنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

Allaahumma maa asbaha (amsaa) bee min ni'matin, aw bi ahadim min khalqika fa minka wahdaka la shareeka lak falakal hamdu wa lakash-shukr.

Oh Allah, whatever grace has been my share this morning (evening) or the share of any of Your creation is from You alone, without partner, so for You is all praise and unto You all thanks.

يَا رَبَّ لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ وَعَظِيمِ سُلْطَانِكَ

Ya rabbi lakal-hamdu kama yambaghi lijalali wajhika wa 'athimi sultanik.

O my Lord! All praise is due to you as is befitting to your glorious presence and your great sovereignty.

رَضِيَتْ بِاللَّهِ رَبِّاً وَبِالْإِسْلَامِ دِينًا وَبِسَيِّدِنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا وَرَسُولًا

Raditu billahi rabba, wa bil islami deena, wa bi sayyidina Muhamadin sallalaahu 'alayhi wa sallama nabian wa rasulla.

I am pleased with Allah as Lord, Islam as a way of life, and Muhammad (peace be upon him) as a prophet of Allah.

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدُ خَلْقِهِ وَرِضاً نَفْسِهِ وَزَنَةُ عَرْشِهِ وَمِدَادُ كَلِمَاتِهِ
Sub'hanal-llaahi wa bihamdih, 'adada khalqih, wa rida nafsih, wa zinata 'arshih, wa midada kalimatih.

How Perfect and Exalted Allah is and I praise Him by the number of His creation, and the pleasure of His Self, and by the weight of His Throne, and the ink to record His words and signs.

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاوَاتِ وَهُوَ السَّمِيعُ
الْعَلِيمُ
Bismil-laahil lathi la yadhuurru ma 'asmih i shai'un fil-ardi wala fis-samai' wa huwas-samee 'ul- 'aleem.

In the name of Allah, with whose name nothing on earth or in the heavens may cause harm, and He is All-Hearing, All-Knowing.

اللَّهُمَّ إِنَّا نَعُوذُ بِكَ مِنْ أَنْ نُشْرِكَ بِكَ شَيْئاً نَعْلَمُهُ وَنَسْتَغْفِرُكَ لِمَا لَا نَعْلَمُهُ
Allahuma inna na 'uthu bika min an nushrika bika shay'an na 'lamuh, wa-nastaghfiruka lima la na 'lamuh.

O Allah! We seek refuge in You from associating anything other with you while we know it, and we seek repentance for associating something other with you while we don't know it.

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ
A 'uthu bi-kalimatil laahit-taammaati min sharri ma khalaq.

I seek refuge in Allah's perfect words from the evil of His creation.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمَّ وَالْحَزَنِ وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسْلِ
وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ وَأَعُوذُ بِكَ مِنْ غُلَبَةِ الدِّينِ وَقَهْرِ الرِّجَالِ

Allaahuma ini a'uthu bika min al-hami wal-hazan, wa a'uthu bika min al-'ajzi wal kasal, wa a'uthu bika min al-jubni wal-bukhl, wa a'uthu bika min ghalabatid-dayni wa qahrir-rijal.

O Allah! I seek refuge in You from sorrow and sadness, and I seek refuge in You from incapacity and laziness, and I seek refuge in You from cowardliness and miserliness, and I seek refuge in You from the harshness of debt and the overpower of men.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ لَا إِلَهَ إِلَّا
أَنْتَ

Allaahuma ini a'uthu bika min-alkufri wal faqr, wa a'uthu bika min 'athabil-qabr, la ilaaha ila ant.

O Allah, I seek refuge in You from disbelief and poverty, and I seek refuge in You from the punishment of the grave, there is no God but You.

اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي لَا
إِلَهَ إِلَّا أَنْتَ

*Allaahuma 'aafini fi badani, allaahuma 'aafini fi sam'iy,
allaahumma 'aafini fi basari, la ilaha illa ant.*

O Allah, grant me safety and health in my body. O Allah, grant me safety and health in my hearing. O Allah, grant me safety and health in my sight, there is no God besides You.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ وَوَعَدْتَ
مَا سَنَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ
بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

*Allahuma anta rabbi, laa ilaaha illa anta, khalaqtani wa ana
'abduk, wa ana 'ala 'ahdika wa wa 'dika mas-tata't, a'uthu bika
min sharri ma san'atu, abu'u laka bini'-matika 'alayya wa abu'u
bi-thambi fagh-firli fa-innahu la yaghfiruth-thunuba illa ant.*

O Allah! You are my Lord; there is no god but You. You created me and I am your slave, I uphold your pledge and evil that I have committed. I acknowledge your blessing upon me and I acknowledge my sin. So forgive me, for none can forgive sins except you.

أَسْتَغْفِرُ اللَّهِ الْعَظِيمِ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ
Astaghfirulla-hal 'athim-allathi la ilaha illa huwal-hayyul-qayyumu wa atoubu ilayh.

I seek forgiveness from Allah, none has the right to be worshiped except Him, the Living, the Eternal, and I repent to Him.

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهُدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ
Subhanakal-lahumma wa be-hamdika, ash-hadu alla ilaha illa ant, astaghfiruka wa atoubu ilayk.

Glory and all praise be to you O Allah! I testify that there is no god but You. I seek your forgiveness and to you I repent.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ عَبْدِكَ وَنَبِيِّكَ وَرَسُولِكَ النَّبِيِّ الْأَمِيِّ وَعَلَى
آلِهِ وَصَحْبِهِ وَسَلِّمْ

Allaahuma salli 'ala sayyidena Muhammadin 'abdika wa-nabiyyika wa rasulikan-nabiyyill ummiyyi, wa 'ala aalihi wa sahibihi wa salim.

O Allah! Exalt and have mercy on Muhammad (peace and blessings upon him), your servant, your Prophet, and your Messenger, and upon his family and companions, and grant them peace.